

Pyloric Stenosis (AK 35-USDA 350)

Explain to Participant

You're enrolled in the WIC program today because your child has been diagnosed with Pyloric Stenosis, by his/her doctor. Pyloric Stenosis will most likely need to be corrected with surgery. Good nutrition is very important, especially until your baby recovers from surgery.

Goal

The goal is to help your child recover from surgery and promote good food choices of high nutritional quality.

Suggestions for Reducing Risk

Follow your child's health care provider recommendations.
See your child's doctor regularly to monitor his/her growth.
Refer to a Registered Dietitian (RD).
Offer small feedings more often.
Make mealtime relaxing and pleasant.
Explain the nutrition education material suggested.

Nutrition Education Material Suggested

Food for Your Baby's First Year

Explain Applicable WIC Foods

WIC Foods

Nutrients Provided

Iron Fortified Infant Formula	Protein, Calcium, Vitamins A & C, Iron
Iron Fortified Infant Cereal	Iron
WIC Juice	Vitamin C

Explain What the WIC Nutrients Can Do for You!

Calcium	Keeps bones healthy. Helps muscles work. Helps blood clot. Helps control blood pressure.
Iron	Carries oxygen in your blood to your muscles. Prevents anemia. Prevents infection.
Vitamin C	Helps your body heal. Helps fight infections. Helps your body use the iron in the foods you eat.
Protein	Makes up part of every cell in your body. Builds and maintains muscles and other tissues.
Vitamin A	Helps keep your skin healthy and smooth. Helps you see at night.

Materials with More Information